

## GROUP EXERCISE CLASS SCHEDULE - APRIL 2024

[illegible]

**Class Location Key**  
 [G] - Gymnasium  
 [2A]- 2nd Floor Aerobics Studio  
 [3C]- 3rd Floor Aerobics Studio  
 [3A]- 3rd Floor Cycling Studio  
 [R]- Rogue Room 1st Floor by turfed training area.

Monday - Thursday: 5 a.m. - 10 p.m.  
Friday: 5 a.m. - 8 p.m.  
Saturday: 7 a.m. - 7 p.m.  
Sunday: Noon - 7 p.m.

