## BREAKFAST

**Served from 8 AM - 10 AM**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast Sandwich</td>
<td>$3.99</td>
</tr>
<tr>
<td>Turkey bacon or turkey sausage, egg white or ham, egg white, reduced fat cheese on an english muffin</td>
<td></td>
</tr>
<tr>
<td>Biscuits and Gravy</td>
<td>$1.39</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>$0.99</td>
</tr>
<tr>
<td>Toast</td>
<td>$0.99</td>
</tr>
<tr>
<td>English Muffin</td>
<td>$0.99</td>
</tr>
<tr>
<td>Bagel</td>
<td>$0.99</td>
</tr>
</tbody>
</table>

## LUNCH

**Served from 11 AM - 4 PM**

### SALADS

- Served on a romaine and spinach blend salad
- Pecan & Grape Chicken Salad $5.99
- Tuna Salad $5.99
- Grilled Chicken Salad $6.99
- Chicken Caesar Salad $6.99
- Seasonal Salad $6.99

### SANDWICHES/PANINIS

- Turkey Reuben Sandwich $4.79
- Chicken Cordon Bleu Sandwich $4.79
- Build your own Wrap or Sandwich $5.29

**BREAD:** Wheat, white, gluten free white, marble rye, or whole wheat wraps
**MEAT:** Turkey, chicken, roast beef or ham
**CHEESE:** Reduced fat Swiss, American, or Mozzarella

- PB&J Sandwich $2.59
- Pimento Cheese Sandwich $2.59
- ½ Sandwich & Cup of Soup Combo $4.99

### FLATBREADS

- Buffalo Chicken Flatbread $5.29
  - Buffalo chicken, diced red onion and tomato, mozzarella cheese, ranch dressing
- Italian Chicken Flatbread $5.29
  - Diced chicken, diced red onion, mozzarella cheese with Italian herb blend, fresh tomatoes and marinara
- Veggie Flatbread $4.29
  - Marinara sauce, mozzarella cheese, and a mixed vegetable blend

### EXTRAS

- Soup of the Day $2.79
- Muffins $1.59
- Fruit Cups $2.99
- Parfaits $2.99
- Chocolate or Vanilla Pudding $0.99
- Smoothies $3.99