Festive Holiday Pinwheels

2 cups light cream cheese, softened
1 packet dry ranch dressing mix
8 large whole wheat tortillas (8 inch tortillas)
4 cups chopped mixed vegetables, such as green onions, broccoli, red or green bell peppers, and black olives
1 cup Shredded cheddar cheese if desired

Combine cream cheese and ranch dressing mix. Spread ¼ cup cream cheese mixture over each tortilla. On top of the cream cheese, sprinkle each tortilla with ½ cup of the chopped veggies. Top with 2 Tablespoons cheese if desired. Roll up tortillas pressing firmly as you go. Slice each tortilla in ½ inch rolls.

Makes 128 roll ups

Per roll-up without cheese: 18 calories, 1g total fat, 2mg cholesterol, 49mg sodium, 3mg potassium, 2g total carbohydrate, 1g protein

Per roll-up with cheese: 21 calories, 1g total fat, 1g saturated fat, 3mg cholesterol, 53mg sodium, 3mg potassium, 2g total carbohydrate, 1g protein