

"UNIVERSAL MEDICATION FORM"

Fold this form and keep it in your wallet/purse

HOW DOES THIS FORM HELP YOU?

- I. **This form helps you and your family members remember all of the medicines you are taking.**
- II. **This form provides your doctor(s) and others with a current list of ALL of your medicines** (example: *nitroglycerin*), **including the herbals** (examples: *ginseng, ginkgo*), **vitamins, and over-the-counter medicines** (examples: *aspirin, antacids*) **you take.**

To Our Valued Patients:

1. **ALWAYS KEEP THIS FORM WITH YOU.** You may want to fold it and keep it in your wallet along with your driver's license. Then it will be available in case of an emergency.
2. **WRITE DOWN ALL OF THE MEDICINES** you are taking and list all of your allergies.
3. **TAKE THIS FORM TO ALL DOCTOR VISITS, WHEN YOU GO FOR TESTS AND ALL HOSPITAL VISITS.**
4. **WRITE DOWN ALL CHANGES MADE TO YOUR MEDICINES** on this form. If you stop taking a certain medicine, draw a line through it and write the date it was stopped. If help is needed, ask your Doctor, Nurse, Pharmacist, or family member to help you to keep it up-to-date.
5. In the NOTES column, **WRITE DOWN THE NAME OF THE DOCTOR** who told you to take the medicine(s). You may also write down why you are taking the medicine (Examples: high blood pressure, high blood sugar, high cholesterol).
6. When you are discharged from the hospital, someone will talk with you about **WHICH MEDICINES TO TAKE AND WHICH MEDICINES TO STOP TAKING.** Since many changes are often made after a hospital stay, a new form may be filled out. When you return to your doctor, take your most current form with you. This will keep everyone up-to-date on your medicines.



For copies of the UNIVERSAL MEDICATION FORM, visit:
www.OwensboroHealth.org

